



Strength & Conditioning Awards

2021 – 2022

Boys Baseball

Kevin Jones
Eric Nord

Boys Basketball

Kai Goldstein
Michael Mora
Leon Nahar
Deniz Oklu
Derin Saran

Girls Basketball

Ella Morgan
Halle Perry
Sofi Zuber

Boys Football

Rayden Aphyayvong
Luke Berry
Reed Casey
Jackson Moore
Cash Watkins
Nic Zuber

Kayaking

Sam Sharp

Boys Lacrosse

Ben Buxbaum
Brooks Martin
Henry Russell
Aniedo Udoh

Girls Lacrosse

Maddy Haller
Annie Shores

Girls Soccer

Ava McClinton
Martha Plaehn

Boys Swimming

Tucker Valliere

Boys Track & Field

Rayden Aphyayvong
Reed Casey

Girls Track & Field

Halle Perry