

Winterim Catalog 2022-2023

<p>Beekeeping</p> <p><i>Sponsor:</i> Frank Kriegler <i>Estimated Fee:</i> \$0 <i>Session:</i> Single Session</p>	<p>In this course we will learn the basic principles of beehive management. Students will become familiar with beekeeping equipment, seasonal management, and methods used to control pests and diseases. We will work in the bee yard to maintain the hives and prepare for the upcoming spring bee season.</p>
<p>Incarcerated People Can Do More Than Beat Harvard in a Debate</p> <p><i>Sponsor:</i> McNair Johnson and Abby Williams <i>Estimated Fee:</i> \$200 <i>Session:</i> Double Session (also includes an off-campus overnight trip)</p>	<p>What if incarcerated people left prison equipped to become contributing members of society? This course will confront and challenge conventional wisdom about the purpose of both education and incarceration. After viewing <i>College Behind Bars</i>, an Emmy-nominated documentary about the transformative power of education, we will connect with UNCA's Prison Education Program and meet with several UNCA professors who teach students incarcerated at the Avery-Mitchell Correctional Institute, a medium security facility in nearby Avery County. We will travel to Montgomery, AL, to explore the Legacy Museum: From Enslavement to Mass Incarceration. While in Montgomery, we will also visit Bryan Stevenson's Equal Justice Initiative and learn how this nonprofit organization offers re-entry assistance to formerly incarcerated people.</p>
<p>Your Daily Bread</p> <p><i>Sponsor:</i> Seth Buddy <i>Estimated Fee:</i> \$50 <i>Session:</i> Single Session</p>	<p>This Winterim course will be the best thing since sliced bread! Close your eyes and imagine the best bread you have tasted... With a little knowledge and experience, you can make really good bread that comes close to that perfect loaf. In this course, you will learn bread basics: fermentation, kneading, forming, and baking. You will come away with some knowledge of bread's scientific underpinnings, and there might be an opportunity to visit a local baker. Your apprenticeship will start with two classic recipes, one for a rustic European country loaf and another for authentic bagels. You will leave the course with practical experience and the two basic tools for your future bread baking: a stainless steel bowl and a bench scraper.</p>
<p>Archery: A Skill as Old as Mankind</p> <p><i>Sponsor:</i> Laura Lawrence and Jack Mathieson <i>Estimated Fee:</i> \$20 <i>Session:</i> Single Session</p>	<p>"The very act of pulling back a bow opens your heart and builds strength and focus. Standing tall, rooted in the Earth, acting from your heart; good form is beautiful" (Alexandra Tait). In the Archery Winterim we will travel to the Asheville Archery Training Center to learn the techniques for shooting targets using a recurve bow. There will be time to learn and develop skills as well as engage in fun competitions. All equipment for recurve bows will be provided. Archers with their own equipment (including a compound bow) are welcome to bring and use it.</p>

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<p>Write a Children's Book!</p> <p><i>Sponsor:</i> Christine Jones <i>Estimated Fee:</i> \$0 <i>Session:</i> Single Session</p>	<p>Students in the Children's Book Winterim will design and self-publish hard cover books on our local environment for the children in the Hillcrest Tutoring Program. Students' sketches or photographs of the natural world will illustrate a simple text, which could relay a fiction or non-fiction narrative. A book might be about reptiles, insects, or trees, for example. Students might sketch different bones and make a story about anatomy. The City of Asheville or the French Broad River might come into play. There are endless possibilities! As an added bonus, students will have the option to pay for additional copies of their book to be printed; these souvenir copies will make perfect gifts for younger friends and relatives.</p>
<p>Revolution Prep SAT Course</p> <p><i>Sponsor:</i> John Smith <i>Estimated Fee:</i> \$200 <i>Session:</i> Single Session</p>	<p>Juniors have the option to take a 12-hour SAT prep course with Revolution Prep, with four 3-hour sessions followed by practice exam. Students will be grouped in sections of 6-8 students according to practice test results. Classes will meet online with an instructor over Zoom. The first session will be Monday afternoon; the other sessions will be in the morning Winterim session. The timing of this class during Winterim falls conveniently before the official SAT that all juniors will take on March 22. The \$200 fee for this class is a bargain by the standards of professional test prep.</p>
<p>Independent Test Prep</p> <p><i>Sponsor:</i> John Smith <i>Estimated Fee:</i> \$0 <i>Session:</i> Single Session</p>	<p>Because some students already have plans to prepare for the SAT with an outfit other than Revolution, we offer some time and space for them to prepare independently for the test. Students will report to the Webb Room (College Area) with their test prep materials to study on their own. Some students may meet online with a tutor during this time slot, or they may use a practice book or free resources such as Khan Academy. We will not provide instruction or help with any costs, but we can provide general oversight as you work on your own to get ready for the SAT or ACT.</p>
<p>Discover Asheville's Best Cookie!</p> <p><i>Sponsor:</i> Chapman Davis <i>Estimated Fee:</i> \$20 <i>Session:</i> Single Session</p>	<p>Let's discover Asheville's Best Cookies! Come join me on an adventure to unveil which Asheville bakery or cookie shop makes the best cookies. Students will visit new and longstanding local establishments around Asheville proper during this single session Winterim offering. Students will purchase the cookies they want to taste, on site, and rate them based upon an agreed upon set of quality standards. Back on campus, students will learn the basics of cookie baking from scratch, including proper dry and liquid measuring, proportions, sifting, mixing, assessing appropriate equipment to use and cookie baking techniques. On the culminating day of Winterim, students will bake their own cookies and undergo an on-campus, Asheville School faculty and staff rating of their creations. No experience is required to enjoy this fun, tasty, cookie tasting and baking extravaganza!</p>

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<p>Build Trails, Ride Bikes and Get Dirty!</p> <p><i>Sponsor:</i> Trysh Huntington, Scott Miller, and Robert Buchan <i>Estimated Fee:</i> \$30 <i>Session:</i> Double Session</p>	<p>Are you interested in mountain biking? Already a mountain biker? Want to improve your skills? Great! This is the Winterim for you! Asheville is rapidly becoming the Mountain Biking Hub of the East Coast and Asheville School is getting in on the fun! We will spend the mornings building single track to enhance our growing Mountain Bike trail system on our beautiful campus. Design, build and get dirty! Imagine how cool it will be to ride a trail that YOU built!</p> <p>In the afternoons – we will load up our bikes and ride a sampler of the trails of Western North Carolina. Explore epic trails like Kitsuma, Fire Mountain and DuPont. Our last day will be spent riding trails at Ride Kanuga in Hendersonville. If weather keeps us inside - we will focus on routine bike maintenance – such as changing tires and checking brake pads. We will also take students on a virtual tour of the worlds’ best mountain bike parks and races!</p> <p>This Winterim is suitable for all level of riders from beginner to advanced. The school has a limited number of bikes – so having your own whip is a bonus.</p>
<p>AVL ECON</p> <p><i>Sponsor:</i> Nathaniel Johnson <i>Estimated Fee:</i> \$0 <i>Session:</i> Single Session</p>	<p>How does national economic policy impact me in my hometown? How can I create change in economic policy in my hometown? This course will explore the local history of the textile industry and make connections to modern labor issues in western North Carolina. We will examine the progress of labor rights in the United States and explore how that work continues. Additionally, we will try to make sense of the confusing economic climate we find ourselves in through current events. Activities will focus on local history and economics as students will be engaging with oral history, guest speakers, and local site visits.</p>
<p>Namaste all the way!</p> <p><i>Sponsor:</i> Mary Elizabeth Martin <i>Estimated Fee:</i> \$60 <i>Session:</i> Single Session</p>	<p>Want to be a yogi? Please join me for four hour long yoga classes at the Hot Yoga studio in Asheville. During this class you will learn that yoga can help open your heart and mind, provide injury prevention, decrease levels of anxiety and stress, improve your sleep quality, and push you out of your comfort zones. Be ready to sweat, stretch, breathe, and feel amazing! All levels of yoga experience are welcome, including no experience.</p>

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<p>Disc Golf Physics: The Physic of Flight</p> <p><i>Sponsor:</i> Jeff Mettee and Jack Mathieson <i>Estimated Fee:</i> \$0 <i>Session:</i> Single Session</p>	<p>Disc golf is one of the fastest growing sports in the country. With an average of 5.28 courses being built per day and a global increase of 15% for new courses this year, of which 90% are free and open to the public, not to mention the 79 countries that boast at least one disc golf course, you can play disc golf at any age, any time, any place, and in any weather. Yet, below the attraction of spending the day leisurely playing a round of disc golf there is a fascinating world of physics waiting to be explored. Join us this Winterim and play disc golf (courses in and around Asheville) while learning the science behind how and why discs fly. No previous disc golf experience necessary!</p>
<p>Blues on the Silver Screen: The Craft of Screenwriting</p> <p><i>Sponsor:</i> Thomas Kozak <i>Estimated Fee:</i> \$25 <i>Session:</i> Single Session</p>	<p>This single-session course will explore the tools of the trade, the language of screenwriting, and the “rules” of writing for television and film. We will read example scripts and watch corresponding clips from famous films, cult classics, hit tv pilots, and arthouse bizarres. Throughout the course, each student will keep a journal of film/tv ideas, which we will use for pitches, writing exercises, and eventually our final projects. By the end of Winterim, each student will have written and workshopped a 5-minute action sequence, a suspense scene, and either a 30-minute first-act OR a 30-minute tv pilot.</p>
<p>Chasing the Rhyme: A Workshop for Lyrics or Poetry</p> <p><i>Sponsor:</i> Thomas Kozak <i>Estimated Fee:</i> \$0 <i>Session:</i> Single Session</p>	<p>Do you fancy yourself a poet or a songwriter, or are you interested in trying your hand at the craft? This single-session course will be an opportunity to explore creative poetry and/or lyric-writing. We will read a variety of works, analyze some lyric-forward songs, try out different poetic forms, and workshop each other's creative contributions. We will aim to produce at least 5 creative works each. We will also explore opportunities for publication and contest submissions if students are interested.</p>
<p>Music Jam</p> <p><i>Sponsor:</i> Karen Cianciulli <i>Estimated Fee:</i> \$0 <i>Session:</i> Single Session</p>	<p>As an instrumentalist, do you miss having big stretches of time to play? Do you love playing music with others? Bring your instrument to read through (and possibly work up/refine) music meant for small groups. Depending upon interest, this single-session course could explore EITHER bluegrass/celtic/old time music OR classical chamber music. Any skill level and instrumentation can work. In this course, we may hear live music in Asheville one evening (depending upon availability).</p>
<p>The Physics of Light</p> <p><i>Sponsor:</i> Karen Cianciulli <i>Estimated Fee:</i> \$0 <i>Session:</i> Single Session</p>	<p>Come explore rainbows, polarized sunglasses, the construction of a microscope, and more! Each phenomenon we study will be experimentally explored—while we will look at some theory, no knowledge of physics is required. A comfort with basic math is recommended. In this course, we may visit the Lookout Observatory one evening to learn about the telescopes there (and look through them!).</p>

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<p>Hike Your Days Away</p> <p><i>Sponsor:</i> Daniel Mull <i>Estimated Fee:</i> \$0 <i>Session:</i> Double Session</p>	<p>Enjoy the great outdoors on hikes with Mr. Mull. If you have never experienced some of the more popular hikes around our area, this is for you! These hikes will be about 4-5 miles in length and will include waterfalls, three-hundred sixty-degree views, and some great times with friends. We will pack a lunch and spend most of the day on the hikes. So strap up your hiking boots, pack a lunch, and have plenty of water available. The trails await!</p>
<p>A Closer Walk with Jesus</p> <p><i>Sponsor:</i> John Gregory <i>Estimated Fee:</i> \$150 <i>Session:</i> Double Session (also includes an off-campus overnight trip)</p>	<p>“Come, all you who are thirsty, come to the waters” (Isaiah 55:1)</p> <p>Course Overview: “Jesus answered, ‘Everyone who drinks this water will be thirsty again, but whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life’” (John 4:13-15). Have you felt like your faith in Jesus has been flagging, that you are a bit dry spiritually? Have you been longing for fellowship with others who want to grow in their faith? If so, then “come to the waters!” This course will focus on encouraging and reviving your faith through times of prayer, worship, bible study, and acts of service. We will hear guest speakers, volunteer at local Christian ministries, and have times of retreat, meditation and reflection. We will break bread and celebrate communion together. We will learn and practice spiritual disciplines used throughout the ages to revive and maintain a vital faith. We may even have the chance to do an overnight retreat at a local Christian camp! Through this week of revival and renewal we hope to build a community to support your faith in Christ throughout the year. Whether you are a long-time believer, someone new to the faith, or someone just curious about the hope, meaning, and purpose that Jesus offers, this course is for you!</p> <p>“The Spirit and the bride say, ‘Come!’ And let the one who hears say, ‘Come!’ Let the one who is thirsty come; and let the one who wishes take the free gift of the water of life” (Revelation 22:17).</p>
<p>Self-Defense</p> <p><i>Sponsor:</i> Mary Elizabeth Martin and Matt Stark <i>Estimated Fee:</i> \$50 <i>Session:</i> Single Session</p>	<p>Interested in learning about self-defense? Join me for a four-day class which will take place in a martial arts studio in Asheville. We will learn basics necessary to begin learning fitness and self-defense in our systems of Muy-Thai Kickboxing and Krav Maga, as well as introductory strategies for real-world situations, while keeping everything fast and fun! Make sure you bring clothes that are comfortable to move around in. All levels are welcome!</p>

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<p>Habitat for Humanity: Building Relationships</p> <p><i>Sponsor:</i> Nate Sell and Alberto Centino-Pulido <i>Estimated Fee:</i> \$30 <i>Session:</i> Double Session</p>	<p>In this course, students will work together to help build a home for one of our new neighbors right here in West Asheville. We will learn new skills, use tools, get dirty, and have a great time together as we serve our community. Throughout the week we will also learn about Habitat’s mission and about the need for affordable housing in Asheville. Students are expected to bring a sense of humor, willingness to work hard, and an open spirit. No prior construction experience necessary. Must be 16 years of age or older.</p>
<p>Asheville Arts & Eats</p> <p><i>Sponsor:</i> Kathy Leiner and John Crawley <i>Estimated Fee:</i> \$100 . Optional Activity Fee \$150-\$200 for Beetlejuice performance at Greenville's Peace Center. <i>Session:</i> Double Session</p>	<p>Enjoy getting to know the arts, history, people, and places, that make our mountain arts community unique. Students will explore the Asheville Area Arts and Eats scene with visits to museums, historical sites, performances, workshops, tours, and lunch in some of the culturally diverse restaurants of our city. Through observations and hands-on experiences, students will create their own Asheville City Guide to share through video, photos, and creative writing. Fees for the course cover lunches downtown with an optional performance fee to attend an evening production of the Broadway touring show Beetlejuice at the Peace Center in Greenville, SC.</p>
<p>Creative Writing Workshop</p> <p><i>Sponsor:</i> Stephen Buys and Taina Delly <i>Estimated Fee:</i> \$25 <i>Session:</i> Single Session</p>	<p>In this writing workshop, students will begin by reading the short stories of great authors and then turn to crafting and editing their own stories. By the end of the workshop, each student will have a mid-length work of fiction and a deeper understanding of the art and craft of the short story. The course may also adventure off campus to Asheville-area literary events and author readings.</p>
<p>Financial Literacy</p> <p><i>Sponsor:</i> Megan Grant and Dr. Brooks Seay <i>Estimated Fee:</i> \$0 <i>Session:</i> Single Session</p>	<p>This course will cover basic financial ideas that apply to teenagers and young adults. Topics will include budgeting, bank accounts, credit cards, car loans, credit scores, retirement accounts, and other financial topics as time allows. Students will also learn how to use the program Excel extensively. Students will take a trip to Ingles as part of a food budgeting project, and if time allows, students will practice taking public transportation to travel downtown to do research on local businesses.</p>

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<p>Canoeing: traditional navigation of Appalachian waterways</p> <p><i>Sponsor:</i> Lecky Haller and Zoe Manickam <i>Estimated Fee:</i> \$40 <i>Session:</i> Double Session (also includes an off-campus overnight trip)</p>	<p>In this course you will get hands-on instruction and training by Olympian Canoeist and WNC Hall of Fame recipient, Lecky Haller. Students will practice tandem (2-person) canoe skills – including the J-stroke, draw, and pry – on dry-land, flat-water, and moving water. Participants will also learn about the unique and rich history of canoeing on the North American continent. Upon completing two full days of training and classes, students will apply their skills and knowledge via an overnight expedition on the French Broad River. We may encounter potentially challenging weather conditions, thus students are expected to wear appropriate clothing and gear throughout the week.</p>
<p>Mural on 4th Mitchell Hallway</p> <p><i>Sponsor:</i> B Cornog <i>Estimated Fee:</i> \$0 <i>Session:</i> Double Session</p>	<p>Express your artistic side this Winterim and help repaint the long hallway on 4th Mitchell! Pitch design ideas, take a tour of Asheville outdoor art, and create a new look for this special space! We will vote on a design and collaborate on repainting the hall together, bringing new life to the Mitchell Penthouse!</p>
<p>Read and Write Short Stories</p> <p><i>Sponsor:</i> Mohamud Isaq <i>Estimated Fee:</i> \$0 <i>Session:</i> Single Session</p>	<p>Do you like reading and/or writing short stories? If so, please come join us. We are all about short stories. You will read some of the most famous short stories ever written. However, that’s not the big deal. The big deal is that in the end, you will write your own short story—of any genre.</p>
<p>Climbing Skills Blitz</p> <p><i>Sponsor:</i> Kellett Letson and Joe Lambert <i>Estimated Fee:</i> \$25 <i>Session:</i> Double Session</p>	<p>During Winterim, we will review and practice some of the skills in the AMGA (American Mountain Guide Association) Single Pitch Instructor course. Specifically, we will learn and practice top-rope anchoring techniques, necessary knots, belay take-over and ascending to a climber. We will also learn the differences in managing a top-site vs. a bottom-site climbing environment. We will learn and practice skills on campus, and we will also travel to nearby crags to practice skills (and climb). This course will be during both the morning and afternoon sessions during Winterim week. Some prior experience (mountaineering / climbing) is necessary for this course.</p>

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<p>The GOAT Farm</p> <p><i>Sponsor:</i> Elizabeth Sanchez and Janine Haugh <i>Estimated Fee:</i> \$0 <i>Session:</i> Double Session</p>	<p>Have you ever wondered where your food comes from? This course will explore large questions about our food systems in Western North Carolina through reading and film. But most importantly, students will spend time working at a small-scale sustainable goat farm in Leicester (20 minutes from Asheville School). Our theory will quickly turn to practice as we get our hands dirty working on the farm. Students will participate in all elements of daily life and chores on the farm, from caring for goats, cows, horses, and chickens to preparing the garden for spring planting. Yes, you will get to interact with goats and bottle feed the babies! There may even be opportunities for building and construction. All of these activities will be related to the larger context of how food is produced in America and how we can change those systems for the better by supporting local farms or even farming ourselves. Students who sign up should be comfortable around animals and willing to spend several hours doing physical labor. Check out the farm at mtgileadfarm.com</p>
<p>Lifeguard Training</p> <p><i>Sponsor:</i> Sarah Bednar <i>Estimated Fee:</i> \$42 <i>Session:</i> Double Session</p>	<p>The purpose of the American Lifeguarding course is to teach candidates the knowledge and skills needed to prevent and respond to aquatic emergencies. The course content and activities prepare candidates to recognize and respond quickly and effectively to emergencies and prevent drowning and injuries.</p> <p>Upon successful completion of this course each student will be certified in Lifeguard Training, CPR, AED and First Aid. This certification will allow you to apply for aquatic jobs at pools and camps.</p> <p>Prerequisites: 15 years of age by the end of the class Able to swim 300 yards without stopping</p> <p>This class will be a combination of online work, and practical skills and will take up both sessions of Winterim. You will need to pass a practical exam and a written exam to receive a certification.</p>
<p>Internship Opportunity</p> <p><i>Sponsor:</i> Megan Grant and Helen Plaehn <i>Estimated Fee:</i> \$0 <i>Session:</i> Double Session</p>	<p>Students with an established relationship with a professional in a field of their interest may apply to participate in an internship during Winterim. This would be an experience where the student would be shadowing the professional for full days on Tuesday through Friday of the Winterim week. A written proposal must be submitted to Ms. Grant or Ms. Plaehn by December 2. The proposal should include the potential schedule for the week as well as the contact information for the person with whom the student will be interning.</p>

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<p>Happy Little Trees</p> <p><i>Sponsor:</i> Casey Arbor <i>Estimated Fee:</i> \$80 <i>Session:</i> Single Session</p>	<p>If Bob Ross says you can create a masterpiece, then by gosh you can! We will follow along with Bob Ross as we watch The Joy of Painting Episodes while creating our own scenic landscapes. Each student will have “total and absolute power” to create lovely mountains floating in the distance, to “make big decisions about where your little foothills will live”, and to “become best friends with the mist.” We will learn to “create instant reflections” and “flavor white with colors.” We will make a “happy little evergreen tree,” “then give it a friend” as we paint another. As you decide to take this exceptional Winterim, remember “we don’t make mistakes here, we have happy accidents.”</p>
<p>Yearbook!</p> <p><i>Sponsor:</i> Laura Lawrence <i>Estimated Fee:</i> \$0 <i>Session:</i> Single Session</p>	<p>Get together with a group of enthusiastic students to charge forward in our yearbook. This student-lead offering will consist of students tackling different sections of the yearbook, venturing out to document some of the festivities of the week, and some time to bond with the staff. Yearbook is a great way to be involved in the spirit of Asheville School, and I hope you will join us for the 2023 yearbook! Please reach out to Rory Howes with further questions!</p>
<p>Forestry 102</p> <p><i>Sponsor:</i> Christopher Arbor <i>Estimated Fee:</i> \$0 <i>Session:</i> Single Session</p>	<p>Henry David Thoreau wrote, "I went to the woods because I wished to live deliberately, to front only the essential facts of life, and see if I could not learn what it had to teach, and not, when I came to die, discover that I had not lived." In Forestry 102, we're going to do just that: Live Deliberately. We're going to plant trees, battle invasive species, chop wood, cook over a fire, read poetry, star gaze, learn plant identification, laugh out loud, and live life to the very fullest in the way we only can in the woods.</p>
<p>Happiness Hypothesis</p> <p><i>Sponsor:</i> Christopher Arbor <i>Estimated Fee:</i> \$20 <i>Session:</i> Single Session</p>	<p>As a culture, we’re more miserable than we've ever been, which has led us to be super focused on individual happiness. Maybe. Or maybe we’re more miserable than we've ever been BECAUSE we’re super focused on individual happiness. Maybe we’re miserable because we work too much or not enough. Maybe we’re doing the wrong things or doing the right things the wrong way. Maybe technology will solve it. Maybe technology is the problem. Maybe nobody knows. Or maybe... just maybe... we’ve always known. We’ve just forgotten. In this winterim, we're going to dive deep into the complexities of human psychology and mental health in order to discover the time-tested elements that genuinely lead to human happiness.</p>

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<p>The Attention Axiom</p> <p><i>Sponsor:</i> Christopher Arbor <i>Estimated Fee:</i> \$20 <i>Session:</i> Single Session</p>	<p>Ever heard of the national deficit? How about the national attention deficit? Wait. What? Hang on. Ever notice that it's hard to focus deeply on a single thing for very--SQUIRREL! Sorry. What was I saying? Ah yes, attention. More people are medicated for attention issues than ever before. What's up with that? Are we different than we used to be? Or is our world different? And is it an accident? Or are their forces in the world that benefit from us being distracted and/or medicated? In this winterim, we're going to take a deep dive into the epidemic of attention issues that we're not facing. We're going to look at the problems, and—most importantly—we're going to look at potential solutions.</p>
<p>Examining the African American Experience in the 20th Century: The Rebirth of the Civil Rights Movement</p> <p><i>Sponsor:</i> Radar Onguetou <i>Estimated Fee:</i> \$0 <i>Session:</i> Single Session</p>	<p>Students often go through their high school and college experience without ever talking about race. As an experienced black educator, I would like students to consider this seminar if they want to talk safely, openly and honestly about race. In this seminar, you will examine and discuss the intersection and impact of racism on safety using the Rest in Power: The Trayvon Martin Story docuseries. With an emphasis on the concept of racial justice, you will explore the necessity to isolate race, how race is socially constructed and how your perspective is different from others' perspectives and lived racial experiences. You will discuss what racial power is, who has it, and the connection to the concept of safety. Finally, you will examine and assess the Black Live Matter (BLM) movement and compare nonviolent and violent approaches utilized by groups. By the end of this course you will have the knowledge, skills, and practical strategies to participate in courageous conversations about race on a daily basis.</p>
<p>Loop-de-Loop: Beautiful Handwriting</p> <p><i>Sponsor:</i> Diana Sanderson <i>Estimated Fee:</i> \$0 <i>Session:</i> Single Session</p>	<p>Would you like to improve your cursive handwriting? Come sit in a lovely atmosphere and learn how to write with flowing loops and swirls. BONUS! If you complete the course, I will teach you how to write with a fountain pen.</p> <p>Students will learn how to hold a writing instrument properly and will practice the lines and loops that make up cursive script over 33 lessons using "How to Write in Cursive" found on YouTube.</p>
<p>Games of the World</p> <p><i>Sponsor:</i> Alfred Brewer <i>Estimated Fee:</i> \$50 <i>Session:</i> Single Session</p>	<p>Do you love games? Do you love learning about the world? Take this single-session Winterim to learn and play games like Go/Baduk/Weiqi, Ur, Gaelic football, and Smash Bros. We'll explore both the rules and strategy of games and the cultures, both ancient and modern, that produce and play those games.</p> <p>The specific games chosen will depend in part on the knowledge and interests of the students signed up for the class.</p>

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<p>Cross Stitch Family Portraits</p> <p><i>Sponsor:</i> Ana Ogle <i>Estimated Fee:</i> \$50 <i>Session:</i> Single Session</p>	<p>You may think that cross stitching is only for grandmas, but we'll be taking a new spin on this old artform. We'll start by learning the basics of counted cross stitch. I'll show you how to thread your needle, prepare your hoop, choose your floss colors, and stitch the variety of stitches that you'll need during your project. Then you will design and stitch a cross stitch family portrait (including pets!). You will also learn how to finish your stitch in a hoop and/or how to matte and frame it for display. You can visit @BossStitchBoutique on IG to see some of my examples. We'll be stitching at Mrs. Ogle's living room on campus.</p>
<p>Tinkering with Technology</p> <p><i>Sponsor:</i> Janine Haugh <i>Estimated Fee:</i> \$0 <i>Session:</i> Single Session</p>	<p>Are you interested in learning about robotics, but have been unable to participate in the winter activity? Do you have previous technology experience and want to learn more? Then this Winterim is for you! Topics are likely to include building and engineering, programming, CAD (computer-aided design), and 3D printing. Specific details will be determined based on the needs of our group, and may even include field trips to locations such as the UNCA STEAM Studio to explore how technology and creativity are used at the college level and beyond. All interested students are welcome – no experience is necessary!</p>

See the next page for International Travel opportunities that are offered during Winterim and Spring Break

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International Travel Opportunities

Students interested in these trips will be required to sign-up by Wednesday, November 30

Spoleto Study Abroad

Sponsor: Helen Plaehn and Innes Boland

Estimated Fee: \$3100 plus airfare estimated at \$900

Session: Single Session

Trip Dates: Saturday, March 4, through Sunday, March 12

Open to: All Students

From Etruscan caves to medieval cathedrals, from the ruins of Ancient Rome to Renaissance masterpieces, this 8-day trip will offer an interdisciplinary approach to Italy's history, art, and architecture. The Palazzo Leti in the medieval Umbrian town of Spoleto will serve as our home base as we take day trips to Rome, Assisi, Orvieto, and Siena, exploring how the layers of history have shaped the rich cultural heritage and traditions of the region. Two culinary classes and a visit to a local farm will help us understand the way that food connects people to the land and to traditions. In preparation for the trip, students will use the Winterim session to do a deep dive into one of the sites or works of art we will encounter in preparation for student-led presentations throughout our trip.

Conservation and Sustainable Tourism in Costa Rica

Sponsor: Caroline Fleming and Seth Buddy

Estimated Fee: \$2899 plus airfare estimated at \$1000

Session: Single Session

Trip Dates: Sunday, March 5, through Tuesday, March 14

Open to: All Students

Partnering with Students Shoulder-to-Shoulder, this trip to Rancho Quemado, Costa Rica, is an opportunity for students to learn about sustainable rural tourism and balancing human prosperity and the protection of natural resources. Students will support a community development project, run workshops for children in the community, participate in wildlife monitoring expedition, and meet with local leaders. Students will have the opportunity to be immersed in the Spanish language and explore the Osa Peninsula. During Winterim, students will participate in a single course to prepare. We will look at our own community's efforts toward sustainable tourism and will visit an organic goat farm in Asheville. We'll also get our palates ready for Costa Rica's cuisine by cooking gallo pinto, a Central American dish. We'll practice conversational Spanish including learning some Costa Rican essential slang.

Cultural Identity: Qubec

Sponsor: Konrad Herath and Ana Ogle

Estimated Fee: \$4,100 (includes everything except insurance)

Session: Double Session

Trip Dates: Wednesday, March 1, through Friday, March 10

Open to: 3rd through 5th Form students

How might we cultivate understanding and community across cultural differences? As a francophone province, Québec is unique to the rest of Canada, and North America. The region's two major cities, Québec City and Montréal, stand out not only for their French history but as global destinations that have drawn people from all over the world. Meanwhile, the First Nations of the region established communities here long before French settlers arrived. On our program, we will head to Québec to explore the culture, lifestyle and complicated past of this dynamic corner of our continent. We will explore this region to develop a better understanding of its diverse culture, practice our language skills, and experience how the natural environment also plays a role in the French Canadian lifestyle. From old ports and villages to modern cafes and sugar shacks, we'll experience what makes Québec special, and consider how communities grapple with questions of identity today. Prior French knowledge is not required.

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